



End-of-summer checklist

- Build a sandcastle
- Go for a bike ride
- Lay in the sun
(with sunscreen and a hat, of course)
- Attend an outdoor concert
- Buy fresh, local fruits and vegetables
and freeze them for winter
- Go on a picnic
- Host a barbecue
- Go camping
- Swim in a lake
- Make gazpacho
- Paddle a canoe
- Explore a cave
- Go whitewater rafting
- Hang your laundry outside to dry
- Turn off the air conditioner and enjoy the heat
- See an outdoor play
- Wear shorts
- Plant fall vegetables in your garden
- Search for sea shells
- Play Frisbee
- Play volleyball
- Fly a kite
- Make your own ice cream
- Grocery shop at an outdoor farmer's market
- Bake a pie using your favourite
summer berries
- Make a salad with veggies from your garden
- Go for a hike
- De-clutter your house for a fresh start in fall
- Take a siesta
- Attend a summer festival
- Watch the sunset
- Watch the sunrise
- Have a garage sale
- Plant perennials in your garden
- Take a road trip
- Make smoothies for breakfast
- Read a cheesy romance novel
- Make fancy iced coffee
- Go for a boat ride
- Go on a cottage getaway
- Get a pedicure
- Go to a drive-in movie
- Go to an art gallery or museum
to escape the heat
- Make a summer scrapbook
- Host an end-of-summer bash
- Go barefoot
- Eat a ripe, in-season tomato
- Swim in a pool
- Eat breakfast, lunch and dinner outside
- Roast a marshmallow