

Canadian Living 2007 RECIPE INDEX

Appetizers & Dips

▼ Artichoke Green Olive Dip	Nov	215	▼ Roasted Cherry Tomato Tart	Jan	86	Grilled Butterflied Leg of Lamb		
Bagna Cauda	Sept	132	Rosemary Lemon Lamb Chops	Jan	81	with Apricot Pepper Sauce	Aug	126
▼ Baked Brie with Croûtes and Dippers	Feb	118	Seafood Salad with Dill Mayonnaise	Dec	142	Grilled Four-Peppercorn T-Bones	May	134
▼ Basil Aioli	Aug	126	Seared Tuna Wonton Tostadas with Mango Corn Salsa	Mar	157	Grilled Lemon Honey Lamb Chops	June	140
Beef Carpaccio with Arugula	Dec	142	Shrimp Dumplings	Sept	166	Have-It-Your-Way Steak and Pepper Fajitas	May	140
▼ Brie in Puff Pastry with Raspberry Vinaigrette	Oct	168	▼ Shropshire Walnut Spread on Belgian Endive Spears	Jan	82	Herbed Lamb Chops and Grilled Vegetables	July	155
▼ Caponata	Sept	128	▼ Simple Bruschetta	Sept	132	Lazy Shepherd's Pie	Feb	101
Catfish Maki Rolls	Nov	217	Smoked Mackerel Pâté	Mar	138	Liver with Balsamic Vinegar	Jan	74
Chicken Tikka Salad on Pappadams	Jan	81	Snow Crab Cakes with Pickled Mango Relish and Coriander Juice	Oct	167	Meat-and-Potato Lovers' Shepherd's Pie	Dec	127
Chinese-Style Oxtail	Feb	108	▼ Sun-Dried Tomato Popovers	Jan	81	Meatball Stroganoff	April	138
Cognac and Gruyère Oysters	Jan	80	Surf and Turf Skewers	Jan	80	Meatloaf Surprise Cupcakes	April	162
Crab and Three-Cheese Fondue	Nov	215	▼ Tamari Almonds	Jan	83	Oven-Braised Beef and Beer	Mar	179
▼ Crudités with Herb Dip	July	162	Thai Pork Skewers	Jan	82	Porcini-Dusted Beef		
Dilled Beets and Eggs	Nov	214	▼ Tyropitakia	Aug	114	Tenderloin with Onion Jus	Dec	150
Dungeness Crab Spring Rolls	April	182	▼ Wilted Mushroom Salad	Dec	147	Pub-Style Beef Dip	Sept	150
▼ Easy Marinated Feta	Aug	116				Rosemary Lemon Lamb Chops	Jan	81
▼ Easy Marinated Feta and Olives	Aug	118				Rotisserie Beef	July	125
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Golden Chicken Brie and Cranberry Turnovers	Jan	79				Slow Cooker Beef and Beer	Mar	178
▼ Italian Marinated Artichokes	May	166				Slow Cooker Beef and Mushroom Stew	Jan	71
Kataifi-Wrapped Shrimp with Smoked Paprika Mayonnaise	Nov	196				Slow Cooker Bolognese Sauce	Oct	162
Lazy Shepherd's Pie	Feb	101				Spinach Steak and Mushroom Salad	Aug	108
▼ Lemon Spice Chickpea Dip	June	180				Stuffed Beef and Cheddar Burgers	June	172
▼ Marinated Bocconcini	Nov	214				Thai Beef Noodle Salad	July	149
Mini Croque Monsieurs	Nov	196				The Pineapple Grill Asian Braised Short Ribs	Mar	159
▼ Mushroom Maki Rolls	Nov	219				Ziti with Beef Sauce	Sept	122
Prosciutto and Melon	Aug	126						
▼ Quesadilla Bites	Oct	147						
Ribs with Blackberry Sauce	Nov	217						

Beef, Lamb & Veal

Beef and Broccoli Stir-Fry	May	125	Grilled Butterflied Leg of Lamb		
Beef and Cabbage Soup	Nov	153	with Apricot Pepper Sauce	Aug	126
Beef Carpaccio with Arugula	Dec	142	Grilled Four-Peppercorn T-Bones	May	134
Beef and Mushroom Stew	Jan	72	Grilled Lemon Honey Lamb Chops	June	140
Beef Kabob Pitas	July	122	Have-It-Your-Way Steak and Pepper Fajitas	May	140
Beef Ragout with Penne Rigate	Mar	148	Herbed Lamb Chops and Grilled Vegetables	July	155
Beer-Braised Short Ribs	Nov	198	Lazy Shepherd's Pie	Feb	101
Bolognese Sauce	Oct	162	Liver with Balsamic Vinegar	Jan	74
Braised Rolled Flank Steak	Nov	230	Meat-and-Potato Lovers' Shepherd's Pie	Dec	127
Braised Short Ribs	Nov	200	Meatball Stroganoff	April	138
Chili Meat Pies	Sept	153	Meatloaf Surprise Cupcakes	April	162
Chinese-Style Oxtail	Feb	108	Oven-Braised Beef and Beer	Mar	179
Coriander Lamb Racks	Dec	121	Porcini-Dusted Beef		
Garlic and Bacon-Stuffed Leg of Lamb with Rosemary	April	170	Tenderloin with Onion Jus	Dec	150

Beverages

Apple and Green Grape Juice	June	147
Basic Iced Coffee	July	176
Beet, Carrot and Apple Juice	June	147
Bluetini	Nov	223
Canadian Mojito	July	125
Carrot, Parsnip and Pepper Juice	June	147
Coffee Float	June	192
Cranberry Mimosa	Dec	133
Espresso Martini	July	176
Grapefruit Orange Juice	June	148
Greentini	Nov	223
Lychee Martini	Sept	168
Lychee Vodka	Sept	168
Martini Bar	Nov	223
Mexican Hot Chocolate	Dec	210
Mocha Frappé	July	176
Nutty Irishman Coffees	Mar	144
Old-Fashioned Milkshakes	June	192
Passion Fruit Mimosa	Dec	133
Pineapple Basilini	Mar	157
Pink Grapefruit Mimosa	Dec	133
Pomegranate Lemonade	June	150
Redtini	Nov	223
Rhubarb Iced Tea	May	121
Rose Reisman's Pink Frosted Cocktail	Oct	183
Six-Veggie Juice	June	148
Spinach Energizer	Nov	192
Three Citrus Juice	Mar	129
Vanilla Latte	Nov	166
Vietnamese Coffee	July	176
Watermelon Raspberry Juice	June	148
Zipper Skin Juice	June	150

Breads, Quick & Yeast

Apple Fritters	Dec	211
Best Basic Crêpes	Feb	131
Buckwheat Chive Crêpes	Feb	133
Buttermilk Biscuits	June	160
Canadian Maple-Glazed Doughnuts	Dec	211
✓ Cheddar and Sage Skillet Cornbread	Nov	204
Chocolate Crêpes	Feb	133
Chocolate Hazelnut Doughnuts	Dec	212
Churros	Dec	210
Coconut Crêpes	Feb	133

Cornish Saffron Cake	April	156
Cranberry Pear Upside-Down Muffins	Dec	133
Croatian Poppy Seed Roll	April	144
Croatian Walnut Roll	April	144
Gluten-Free Gingerbread Mini- Cakes with Lemon Glaze	Dec	186
Herbed Crêpes	Feb	133
Honey Whole Wheat Scones	Nov	154
Irish Brown Bread	Mar	138
Mini Chocolate Scones	July	164
Mini Lemon Scones with Strawberries and Cream	July	164
Multigrain Pizza Dough	May	157
Oat and Apple Crumble-Top Muffins	Nov	208
Oats and Molasses Bread	Feb	106
Pizza Dough	May	157
Ricotta Lemon Pancakes	April	146
✓ Seed Biscuits	Jan	74
Soft Pretzels	Oct	152
Two-Bite Cake Doughnuts	Dec	211
Whole Wheat Biscuits	June	160

Breakfast

Berry Ricotta Brunch Parfait	April	146
✓ Grainy Porridge	Nov	210

Cakes & Icings

Blueberry Raspberry Spelt Cake	Nov	208
Carrot Pineapple Loaf	April	185
Chocolate Chip Angel Food Cake	May	183
Chocolate Torte with Pecans	Nov	200
Chunky Chocolate Spider Cake	Nov	226
Easter Chocolate Cake with Brandied Fruit	April	192
French Grape Harvest Cake	Sept	130
Fruitcake Tartufo with Brandy Caramel Sauce	Dec	175
Golden Brandy Nut-Free Fruitcake	Dec	180
Lemon Buttermilk Cupcakes	April	185
Lemon Coconut Cupcakes	Dec	173
Maple Crunch Layer Cake	Mar	135
Orange Carrot Bundt Cake	May	182
Passover Chocolate Cake with Brandied Fruit	April	192
Pineapple Upside-Down Cake with Dark Rum Sauce	Mar	160
Raspberry Lemon Cream Cake	July	133
Rhubarb Crumb Cake	April	190
Strawberry Vanilla Cheesecake	May	181
Teapot Cake	July	174
Teapot Cupcakes	July	174
Vanilla Pound Cake	Nov	162
Walnut Mocha Torte	May	184
Warm Berry Shortcake	June	176

Candies & Confections

Double-Coffee Meringue Kisses	April	187
Kamishbrot	April	190

Condiments, Glazes, Marinades, Mixes, Sauces, Spreads & Toppings

✓ Apricot Pepper Sauce	Aug	126
Blue Cheese Spread	July	127
Bolognese Sauce	Oct	162
✓ Brandy Fudge Sauce	May	163
Coriander Juice	Oct	168
Dark Rum Sauce	Mar	160
✓ Dried Fruit Compote in Vanilla Syrup	Nov	162
Everything-Good-About- Nova-Scotia-Fall-Fruit- Chutney	Oct	169
✓ Garlicky Lemon Herb Marinade	June	189
Homemade Chicken Stock	June	186
✓ Homemade Vegetable Stock	June	186
Horseradish Butter	July	127
Marinara Sauce	Sept	154
Mascarpone Topping	Aug	152
✓ Orange Spice Marinade	June	189
Pickled Mango Relish	Oct	168
✓ Quick Bean and Carrot Pickles	July	122
✓ Quick Cherry Tomato Pickles	July	129
✓ Quick Corn Relish	Sept	161
✓ Quick Dill Pickles	May	124
✓ Quick Radish Pickles	July	122
✓ Quick Zucchini Pickles	July	122
Raspberry Ketchup	April	163
✓ Raspberry Orange Sauce	May	163
Rhubarb Cherry Compote	May	134
Slow Cooker Bolognese Sauce	Oct	162
✓ Smoked Paprika Mayonnaise	Nov	196
✓ Smoky Vegetable Salsa	Aug	138
✓ Sweet-and-Sour Barbecue Sauce	June	186
✓ Tomato Pizza Sauce	Mar	155
✓ Wasabi Cream	Mar	158
Winter Fruit Chutney	Dec	152

Cookies, Bars & Squares

Almond Anisette Biscotti	June	196
Amaratti	June	196
Blueberry Oatmeal Squares	Aug	121
Chewy Peanut Crunch Cookies	Dec	190
Chocolate Cigar Cookies	Feb	122
Coconut Palms	Dec	194
Coconut Snowmen	Dec	194
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Dairy-Free Chocolate Almond Apricot Biscotti	Dec	182
Dairy-Free Chocolate Almond Biscotti	Dec	182
Easter Egg Cookies	April	188
Empire Cookies	July	167
Everything-but-the-Kitchen Sink Oatmeal Cookies	Dec	207
French Fry Cookies	April	164
Gingerbread Trees	Dec	198
Gluten-Free Cardamon Shortbread	Dec	182
Gluten-Free Rocky Road Snowballs	Dec	181
Kipferl	Dec	205
Maple Walnut Sandies	Dec	192
Mocha Brownies	June	168
Mocha Viennese Shortbread	Dec	190
Mostaccioli	June	198
Party Favour Cookies	July	169
Pfeffernusse	Dec	202
Pignoli	June	198

Pizzelle	June	196
Springerle	Dec	205
Sugar-Reduced Chocolate Walnut Bûche de Noël	Dec	184
Sugar-Reduced Sugar Cookie Ornaments	Dec	184
Triple Layer Squares	Dec	192
Zimstern	Dec	205

Desserts

Apple Brown Betty	Feb	112
Apple Coleslaw	April	164
Blueberry Bread Pudding with Whisky Sauce	May	173
Blueberry Lemonade Frozen Pops	Aug	121
Boca Negra with Rum-Soaked Cherries	Jan	94
Buttermilk Ice Cream	July	144
Caramel Apples	Oct	210
Caramel Apple Crêpe Torte	Feb	134
Caramelized Apples with Almond Cream on Sablé Breton	Oct	172
Chocolate Cherry Crêpes with Mascarpone Cream	Feb	134
Chocolate Fondue	Mar	171
Chocolate Raspberry Pistachio Baked Alaska	Jan	88
Cinnamon Crunch Ice Cream	June	192
Chocolate Silk Tartlet Trio	Jan	92
Coconut Panna Cotta with Mango Sauce	Sept	173
Coffee Ricotta Dessert	April	146
Custard-Topped Berry Kuchen	July	141
Double Chocolate Hazelnut Marjolaine	Dec	175
Earl Grey Pot de Crème	Jan	91
Fool for Love	Feb	122
Gewürztraminer Jellied Golden Raspberries	July	141
✓ Gingersnap Berry Pear Crisp	July	139
Glazed Pineapple Sundaes	June	176
Grapefruit Granita	Mar	129
Grapefruit Gratin	Mar	129
Honey-Roasted Apricots with Almond Crunch	Aug	152
Honey Zabaglione and Berries	July	143
Jellied Blueberries	July	141
Jellied Raspberries	July	139
Lemon Semifreddo with Coffee Syrup	Jan	94
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Maple Spice Poached Pears	Mar	132
Melon Berry Cup	June	168
Mincemeat Crumble	Dec	175
Mini Brandied Fruit Nut Loaves	Mar	183
Mini Tiramisu	Jan	94
Pineapple Fish Sticks	April	163
Pineapple Rum Crêpes with Coconut Cream	Feb	136
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Raspberry Spuma	July	182
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Rosé Jellied Strawberries	July	141
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Saffron Pistachio Ice Cream	April	155
Spiced Apricot Dessert Soup	Aug	154
Sticky Date Pudding with Irish Whiskey Toffee Sauce	Mar	142
Strawberries Romanoff in Ice Cream Bowls	July	137
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✓ Easy Ham and Cheese Soufflé	Oct	146
✓ Easy Marinated Feta	Aug	116
✓ Easy Marinated Feta and Olives	Aug	118
French Toast with Maple Spice Poached Pears	Mar	132
French Toast with Wild Blueberry Compote	June	158
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✓ Huevos Rancheros with Black Bean Salsa	June	160
✓ Individual Cheddar Mushroom Soufflés	Dec	136
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✓ Le Café du Clocher Penché's Rolled Soufflé with Scrambled Eggs	Feb	127
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✓ Marinated Bocconcini	Nov	214
Ricotta Tartlets and Salad with Tarragon Vinaigrette	July	155
Scrambled Eggs with Potato Latkes and Smoked Salmon Curls	Dec	136
✓ Shropshire Walnut Spread on Belgian Endive Spears	Jan	82
Spanish Eggs and Chorizo	June	156
Spinach, Ham and Cheese Strata	Jan	70
✓ Squash and Goat Cheese Salad	Oct	157

Stuffed Baked Tomatoes and Eggs with Pancetta	Aug	136
✓ Sublime Mac and Cheese	Feb	110
✓ Tyropitakia	Aug	114
✓ Zucchini Red Pepper Omelettes	Feb	102

Fish & Seafood

Arugula Shrimp Salad	Aug	110
Baked Salmon with Spinach and Goat Cheese Stuffing	Dec	152
Broiled Mayonnaise Catfish	May	125
Broth-Steamers Mussels	Nov	198
Buckwheat Chive Crêpes with Smoked Salmon	Feb	133
Catfish Maki Rolls	Nov	217
Clam Miso Soup	April	179
Cognac and Gruyère Oysters	Jan	80
Crab and Three-Cheese Fondue	Nov	215
Creamy Shrimp Pasta Largo	Feb	128
Dungeness Crab Spring Rolls	April	182
Dungeness Crab with Dow See (Black Bean Sauce)	Mar	164
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Fish and Chips	Mar	124
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Ginger Lime Salmon Skewers	June	138
Gluten-Free Linguine with Saffron Tomato Sauce and Grilled Seafood Skewers	Mar	148
Grilled Halibut with Orange Saffron Sauce and Mediterranean Salsa	Nov	175
Grilled Trout with Tomato Tomatillo Salsa	Aug	148
Halibut and Spinach Curry	Nov	152
Halibut with Shrimp and Champagne Beurre Blanc	Jan	87
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Italian Tuna Melt Panini	Feb	100
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Mussels Marinara	Sept	156
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Nine-Minute Salmon	Jan	72
Oven-Poached Lemon-Oil Fish	Sept	130
Pan-Fried Fish with Tartar Sauce	Aug	148
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Rainbow Trout en Papillote	Dec	120
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Sablefish with Almond Olive Salsa	April	181
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Whole Trout on Lemon Pepper Greens	Aug	149

Miscellaneous

✓ Candied Grapefruit Rind	Mar	129
Candied Orange Rind	May	183
✓ Candied Walnuts	Nov	214
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Gingerbread Cookie Dough	Dec	198
Gingerbread Sleigh Candy Boxes	Dec	198
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✓ Maple Popcorn Caramel Crunch	Mar	133
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Pasteurized Egg White with Royal Icing	Dec	198
Royal Icing	Dec	198
Rum-Spiked Pouring Custard	Feb	112
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✓ Tamari Almonds	Jan	82
✓ Vanilla Extract	Nov	166
✓ Vanilla Sugar	Nov	166
✓ Vanilla Syrup	Nov	166

Pasta, Pizza & Noodles

Baked Rigatoni and Meatballs	Nov	149
Beef Ragout with Penne Rigate	Mar	148

Calabrese Potato Provolone Pizza	May	155
Creamy Shrimp Pasta Largo	Feb	128
✓ Crunchy Almond Noodle Salad	Sept	139
✓ Crunchy Peanut Noodle Salad	Sept	139
Easy Puttanesca Pasta	Sept	144
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✓ Fresh Homemade Pasta	Sept	143
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✓ Gluten-Free Fettuccine with Green Olives, Capers and Parsley	Mar	152
Gluten-Free Linguine with Saffron Tomato Sauce and Grilled Seafood Skewers	Mar	148
✓ Gluten-Free Pasta with Brown Butter Tomatoes and Asparagus	Mar	152
Gluten-Free Pasta with Creamy Smoked Turkey Mushroom Sauce	Mar	151
Grilled Eggplant and Fresh Mozzarella Pizza	May	159
✓ Japanese Noodle Salad	Aug	109
Linguine with Saffron Tomato Sauce and Grilled Seafood Skewers	Mar	148
✓ Mushroom Fontina Pizza	May	157
✓ Pasta with Brown Butter Tomatoes and Asparagus	Mar	152
Rotini with Creamy Smoked Turkey Mushroom Sauce	Mar	151
Shanghai Noodles	Mar	181
Shrimp and Feta Linguine with Charred Tomato Vinaigrette	Aug	134
✓ Sublime Mac and Cheese	Feb	110
✓ Tagliatelle with Parmesan, Pine Nuts and Lemon	Feb	92
✓ Three-Cheese Macaroni with Leeks	Mar	150
Three-Cheese Macaroni with Leeks and Ham	Mar	151
✓ Three-Cheese Spinach Pizza	May	155
✓ Vegetarian Gemelli with Kale, Sage and Potatoes	Nov	186
✓ Vegetarian Lasagna	Dec	126
✓ Whole Wheat Pasta with Blue Cheese Sauce	Dec	121
✓ Whole Wheat Pasta with Peppers, Tomatoes and Olives	Jan	71
Ziti with Beef Sauce	Sept	122

Pies, Pastries & Tarts

Acadian Meat Pie	May	173
Apple Crumble Pie	Oct	204
Butternut Squash Pie	Oct	156
Caramel Almond Tart	Dec	176
Chestnut Tourtière and Winter Fruit Chutney	Dec	151
Chicken and Root Vegetable Pot Pie with Herb Pastry	Dec	128
Chili Meat Pies	Sept	153
Coconut Lime Cream Tart	April	174
Diner-Style Berry Cream Pie	July	137
Double-Crust Sour Cream Pastry	Oct	204
French Apple Tart	May	146
Grandma Thompson's Prize-Winning Apple Pie	Oct	206

Meat-and-Potato-Lovers' Shepherd's Pie	Dec	127
Mint Chocolate Chip Ice Cream Pie	June	192
Peach Galette with Almond Buttermilk Crust	Aug	128
Pie Pastry	Sept	154
Quick Herb Puff Pastry	Dec	128
Quick Puff Pastry	Dec	128
Quick Puff Pastry	May	148
✓ Roasted Cherry Tomato Tart	Jan	86
✓ Roast Tomato Tart	Aug	132
Single-Crust Sour Cream Pastry	Oct	204
Sour Cherry Apple Pie	Oct	204
✓ Swiss Chard Tart	Nov	188

Pork

Baked Rigatoni and Meatballs	Nov	149
Butterflied Mustard Garlic Pork	June	139
Chipotle Pork Burritos	Mar	125
Cubano Panini	July	120
French Onion Pork Chops	Feb	102
Ham and Cheese Sandwiches	July	162
Jambalaya	Dec	126
Maple Bourbon Barbecued Ribs	June	172
Pork and Feta-Stuffed Burgers	June	172
Pork and Grainy Mustard Stew	Sept	148
Pork Chop Sauerkraut Simmer	Sept	123
Pork Souvlaki	Mar	126
Pork Tenderloin with Caramelized Onions and Apple	May	176
Pork Tenderloin with Mushroom Sauce	Dec	122
Pork Tenderloin with Sticky Lime Glaze	Sept	168
Pork Tostada Salad	Aug	108
Prosciutto Pesto Pork	Mar	179
Ribs with Blackberry Sauce	Nov	217
Roast Pork and Squash	Oct	157
Roast Pork with Cider Cream Sauce	Mar	140
Saucy Pepper Pork	April	139
Thai Pork Skewers	Jan	82
Toasted Black Peppercorn and Cumin Pork Tenderloin	May	130
Turkish Feta Lamb Kabobs	Aug	118
Whole Ham Glazed with Red Wine and Quatre Épices	Dec	151

Poultry, Game & Stuffing

Almond Chicken Salad	Sept	136
Artichoke Chicken Flatbread	April	139
Baked Herbed Crêpes with Chicken and Mushrooms	Feb	133
Beer-Can Chicken with Italian Spices	June	173
Boar Rib Chops with Porcini Sauce	Oct	188
Caramelized Onion and Apple Stuffing	Dec	161
Caribbean Spiced Wings	Aug	143
Chicken and Green Bean Stew	Nov	152
Chicken and Havarti-Stuffed Burgers	June	172
Chicken and Rice Soup	Sept	158
Chicken and Root Vegetable Pot Pie with Herb Pastry	Dec	128
Chicken Biryani	Oct	148
Chicken Fingers with Honey Mustard Sauce	Feb	94
Chicken Noodle Stir-Fry	Sept	122

Chicken Souvlaki	Mar	126	Rotini with Creamy Smoked Turkey Mushroom Sauce	Mar	151	▼ Basic Vinaigrette	Sept	132
Chicken Tikka Salad on Pappadams	Jan	81	Saffron Couscous Turkey Roll	April	131	▼ Bitter Greens with Honey Dijon Dressing	Dec	134
Chinese Barbecued Duck	Mar	164	Scaloppine with Marinara Sauce	Sept	156	▼ Bitter Greens Salad	Aug	128
Chipotle Pulled Chicken on Corn Spoon Bread	Nov	174	Shanghai Noodles	Mar	181	▼ Boston Lettuce and Radicchio Salad	May	125
Cornmeal-Coated Wings with Blue Cheese Dip	Aug	143	Slow Cooker Stuffing	Dec	161	▼ Cajun Red Bean and Couscous Salad	Sept	139
Couscous Chicken with Orange Sauce	Dec	120	Smoked Turkey and Swiss Cheese Sandwiches	July	162	▼ Corny Cobb Salad	Sept	161
Cranberry Savory Stuffing	Oct	148	Southwest Cornish Hens	June	166	▼ Crunchy Almond Noodle Salad	Sept	139
Crunchy Chicken Apple Salad Sandwiches	July	160	Spiced Rack of Venison with Apple Ginger Chutney	Oct	197	▼ Crunchy Peanut Noodle Salad	Sept	139
Crunchy Devilish Wings	Aug	142	Thai Coconut Lime Chicken	Nov	176	▼ Cucumber Dill Dressing	June	184
Dilled Chicken Salad with Tahini Dressing	July	153	Thai Coconut Lime Wings	Aug	142	▼ Cucumber Herb Salad	June	164
Easy Chicken Cacciatore	Feb	100	Vietnamese <i>Bun</i>	June	144	▼ Dilled Chicken Salad with Tahini Dressing	July	153
Five-Spice Chicken	May	124	Venison Stew with Chinese Flavours	Oct	199	▼ Endive Salad with Herbed Goat Cheese	April	170
Gluten-Free Pasta with Creamy Smoked Turkey Mushroom Sauce	Mar	151				▼ Golden Beet and Granny Smith Apple Salad with Panache	Feb	128
Goat Cheese—Stuffed Chicken Breasts	June	138				▼ Grilled Portobello Salad with Arugula	July	130
Golden Chicken Brie and Cranberry Turnovers	Jan	79				▼ Greens with Blueberries, Feta and Almonds	Aug	121
Grilled Buttermilk Chicken	July	144				▼ Grilled Chicken Barley Salad	Aug	109
Grilled Chicken Barley Salad	Aug	109				▼ Grilled Vegetable Couscous Salad	June	139
Grilled Chicken Sandwich with Caper Mayo	July	120				▼ Japanese Noodle Salad	Aug	109
Half-a-Hen Dinner	Mar	126				▼ Lentil Feta Salad	Aug	118
Herb and Garlic Roast Chicken in Mushroom Pepper Ragout	Nov	177				▼ Macadamia Nut Slaw	Mar	158
Homemade Chicken Stock	Dec	147				▼ Marinated Vegetable Salad	May	161
Hunter-Style Venison Meatloaf	Oct	188				▼ Mediterranean Fusilli Salad	July	130
Jalapeño Cornbread Stuffing with Smoked Sausage	Dec	156				▼ Mixed Greens with Lemon Dill Vinaigrette	Dec	134
Jambalaya	Dec	126				▼ Mushroom Salad with Truffle Oil	Feb	118
Keltic Lodge Roast Turkey with Cranberry Savory Stuffing	Oct	170				▼ Orange and Beet Salad with Parmesan Curls	Feb	96
Lemon Herb Roast Chicken	May	142				▼ Parsley Vinaigrette	Sept	136
Mole Chicken Wings	Aug	142				▼ Pesto Chicken Salad	Sept	158
Mole Turkey Wings	Aug	142				▼ Pickled Herring Salad	April	182
Mushroom Venison Ragout Sauce	Oct	193				▼ Pork Tostada Salad	Aug	108
Pancetta and Prune Stuffing	Dec	158				▼ Quinoa Salad with Chicken and Black Beans	Nov	204
Pesto Chicken Salad	Sept	158				▼ Rainbow Slaw	June	164
Pineapple Chicken	Mar	166				▼ Red Quinoa Salad with Chicken and Black Beans	Nov	204
Raspberry Chipotle Wings	Aug	144				▼ Ricotta Tartlets and Salad with Tarragon Vinaigrette	July	155
Roast Bison or Venison with Red Wine and Onion Jus	Oct	195				▼ Roasted Beet and Arugula Salad with Walnut Dressing	Dec	133
Roasted Red Pepper, Fennel and Rice Stuffing	Dec	156				▼ Romaine and Radicchio Salad with Cucumber	Dec	121
						▼ Seafood Salad with Dill Mayonnaise	Dec	142
						▼ Spinach Steak and Mushroom Salad	Aug	108
						▼ Squash and Goat Cheese Salad	Oct	157
						▼ Starter Salad	Sept	136
						▼ Sun-Dried Tomato Vinaigrette	June	184
						▼ Thai Beef Noodle Salad	July	149
						▼ Three-Bean Salad	May	141
						▼ Tomato Avocado Salad with Anchovy Balsamic Dressing	Aug	136
						▼ Tomato Cheddar Salad	Sept	136
						▼ Tossed Green Salad	July	120
						▼ Tossed Salad with Honey Garlic Dressing	May	159
						▼ Watermelon Fruit Salad	Aug	110
						▼ Wilted Brussels Sprouts Slaw with Lemon Vinaigrette	Oct	185
						▼ Wilted Mushroom Salad	Dec	147

Preserves

▼ Apricot and Golden Raisin Chutney	Aug	154
▼ Peppy Salsa	Aug	136

Rice, Grains & Legumes

▼ Bamboo Shoots and Green Onion Rice	June	186
▼ Barley Mushroom Salad	Sept	141
▼ Barley Risotto with Fennel	Nov	206
▼ Cajun Red Bean and Couscous Salad	Sept	139
▼ Chicken Biryani	Oct	148
▼ Chickpea Ragout with Polenta	April	138
▼ Ginger and Coriander Rice	June	186
▼ Green Bean and Mushroom Risotto	Sept	123
▼ Green Onion Couscous	May	126
▼ Grilled Chicken Barley Salad	Aug	109
▼ Grilled Vegetable Couscous Salad	June	139
▼ Lemon Rice	Dec	120
▼ Millet and Sausage-Stuffed Peppers	Nov	210
▼ Mushroom Couscous	Nov	204
▼ Mushroom Medley Rice	June	184
▼ Pine Nut Pilaf	Mar	181
▼ Polenta with Mushroom Ragout	Oct	146
▼ Quinoa Salad with Chicken and Black Beans	Nov	204
▼ Red Quinoa Salad with Chicken and Black Beans	Nov	204
▼ Risotto Balls	April	153
▼ Risotto Milanese	April	153
▼ Roasted Tofu with Pepper Sauce	May	126
▼ Shiitake Peanut Pilaf	Sept	171
▼ Shrimp and Pea Risotto	April	140
▼ Soy-Braised Tofu	Mar	125
▼ Steamed Ginger Rice	May	124
▼ Sushi Rice	Nov	221
▼ Tofu Vegetable Stir-Fry	Feb	101
▼ Tomato Spinach Chickpea Simmer	Oct	147
▼ Tomato Spinach Chickpea Simmer with Tilapia	Oct	147
▼ Vegetable Biryani	Oct	148

Salads & Dressings

▼ Almond Chicken Salad	Sept	136
▼ Arugula Shrimp Salad	Aug	110
▼ Barley Mushroom Salad	Sept	141

Sandwiches & Snacks

Beef Kabob Pitas	July	122
Crunchy Chicken Apple Salad Sandwiches	July	160
Cubano Panini	July	120
✓ Curried Lentil Cashew Burger	July	121
Deluxe Grilled Ham and Cheese Sandwich	May	124
Family-Size Pan Bagnat	July	121
Grilled Chicken Sandwich with Caper Mayo	July	120
Ham and Cheese Sandwiches	July	162
Have-It-Your-Way Steak and Pepper Fajitas	May	140
✓ Open-Face Cucumber Tea Sandwiches	July	160
✓ Rapini Ricotta Calzones	Nov	184
Smoked Turkey and Swiss Cheese Sandwiches	July	162

Soups & Stews

Asparagus Cream Soup	June	180
Beef and Cabbage Soup	Nov	153
Beef and Mushroom Stew	Jan	71
Beef Noodle Soup	Mar	124
Black Bean Soup	Oct	147
Butternut Cream Soup	Oct	160
✓ Cauliflower Milkshake	April	162
✓ Cauliflower Soup with Parmesan Croutons	Feb	92
Chicken and Rice Soup	Sept	158
✓ Chilled Cucumber Buttermilk Soup	July	144
Chilled Rhubarb Dessert Soup	May	121
Clam Miso Soup	April	179
Classic Pea Soup with Ham	Feb	110
✓ Golden Gazpacho	Aug	133
Hot and Spicy Tuna Melt Panini	Feb	100
Irish Root Soup with Cashel Blue Cheese	Mar	140
Italian Tuna Melt Panini	Feb	100
Leek and Potato Soup	Nov	153
Lemon Chicken and Spinach Noodle Soup	June	182
Roasted Red Pepper and Sweet Potato Soup	Jan	72
Sherried Chicken Consommé	Dec	161
Slow Cooker Beef and Mushroom Stew	Jan	71

Slow Cooker Vegetable Pasta Soup	Jan	74
Slow Cooker Vegetable Soup	Jan	74
✓ Spiced Apricot Dessert Soup	Aug	154
Vegetable Soup	Jan	74
✓ Tuscan Bean and Escarole Soup with Parmesan Croutons	Nov	186
✓ White Bean and Squash Soup	Nov	154

Vegetables & Fruit

✓ Asparagus and Sweet Pepper Packet	June	140
✓ Asparagus Mushroom Stir-Fry	April	133
✓ Asparagus Ricotta Frittata	April	146
✓ Asparagus with Creamy Lemon Sauce	May	126
✓ Asparagus with Creamy Mustard Sauce	May	126
Balsamic Brussels Sprouts with Prosciutto	Oct	185
✓ Barbecued Mini-Potatoes	June	139
Baked Potato Skins	July	129
✓ Beets with Feta	Oct	148
✓ Boxy Potato Cakes	Mar	140
Braised Cabbage with Bacon and Onions	Dec	167
✓ Braised Greens with Garlic	Nov	192
✓ Brussels Sprouts with Chestnuts and Marsala	Dec	165
✓ Buttered Carrots and Cardamom	Oct	171
✓ Buttermilk Smashed Potatoes	Sept	150
✓ Caramelized Beer Onions	July	127
✓ Carrot and Onion Packet	June	140
✓ Celeriac Garlic Mash	Nov	200
✓ Celery Root and Potato Purée with Truffle Oil	Mar	160
✓ Cider-Glazed Roasted Vegetables	Dec	166
✓ Crudités with Herb Dip	July	162
✓ Curried Carrot Coins	May	146
Deluxe Roast Potatoes	Dec	166
✓ Edamame	Sept	166
Fish and Chips	Mar	124
✓ Garlic and Thyme Fan Potatoes	June	176
✓ Garlic Mashed Parsnip Potatoes	Dec	122
✓ Green Bean and Mushroom Packet	June	140
✓ Green Beans with Orange Gremolada	Dec	166
✓ Herbed Carrots	Nov	154
✓ Herbed Potatoes	Jan	87
✓ Honey Nut Carrots	Nov	154
✓ Lemon Brussels Sprouts	Mar	142
✓ Lemon Brussels Sprouts	Oct	168
✓ Lemon Garlic Broccolini	Sept	124
Make-Ahead Mashed Potatoes	Dec	166
Maple-Roasted Brussels Sprouts with Hazelnuts	Oct	185
✓ Marinated Vegetable Salad	May	161
✓ Mashed Yukon Gold Potatoes	Oct	171
✓ Onion Fan Potatoes	June	174
✓ Oven-Roasted Spaghetti Squash	Oct	159
✓ Pan-Roasted Cherry Tomatoes	April	140
✓ Pan-Roasted Cherry Tomatoes with Corn and Zucchini	April	140
✓ Pan-Roasted Potatoes	May	142
✓ Parmesan Potato Gratin	Dec	167
✓ Red Pepper and Sage Fan Potatoes	June	176
✓ Roast Tomato Tart	Aug	132
✓ Roasted Carrot and Thyme Purée	April	172
✓ Roasted Cherry Tomatoes	Mar	181
✓ Roasted Parsnips	Dec	122
✓ Roasted Sweet Onions	Oct	201
✓ Roasted Tomatoes	Dec	121
✓ Sautéed Beet Greens	Oct	148
✓ Sautéed Chinese Broccoli	Mar	160
✓ Savoury Corn Pudding	Sept	161
✓ Savoy Cabbage Gratin	Nov	190
✓ Spaghetti Squash	Oct	159
✓ Spiced Butter Carrots	Dec	168
✓ Spiced Marmalade Mashed Sweet Potatoes	Nov	168
✓ Spicy Garlic Broccoli	Sept	124
✓ Spicy Garlic Broccolini	Sept	124
✓ Steamed Broccoli with Cheese Sauce	May	144
✓ Steamed Cauliflower with Cheese Sauce	May	146
✓ Steamed Fingerling Potatoes and Sugar Snap Peas with Mint	April	172
✓ Steamed Sugar Snap Peas	Jan	87
✓ Steamed Vegetables with Sage	Dec	168
✓ Stir-Fried Baby Bok Choy	Sept	171
✓ Sweet Potato Fries with Curry Mayonnaise	Nov	168
✓ Swiss Chard Tart	Nov	188
✓ Tomato Spinach Chickpea Simmer	Oct	147
✓ Vegetable Biryani	Oct	148
✓ Vegetable Curry with Squash	Oct	159
✓ Whipped Sweet Potatoes with Maple Pecan Topping	Dec	167

✓ = Vegetarian Dishes