



## HOME & LIVING:

### August Checklist

- Brew some refrigerator tea. Combine six teabags with two litres of cold water and refrigerate overnight. Squeeze and discard the teabags, stir in sugar or Splenda to taste, adding lemon slices. Serve on ice.
- Deep-clean your fridge.
- Host an alfresco dinner party. No theme, just relaxed food, sangria (and refrigerator tea) and torchlight under the stars.
- Take advantage of summer seat sales to fly someplace where you can buy décor finds from the artisans who made them. But hit the artisan markets, not the hotel gift shop.
- Replace a tattered patio umbrella with a chic but marked-down model. (It is the end of season, after all.)
- Go on a wine-country drive.
- Pick your own corn.

### Your notes...

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### Tip Hit the flea market

Flea-market hopping is a wonderful excuse for a one-day road trip. Search for weekly outdoor markets online and go early, before it gets too hot. Prepare yourself with these essentials: a full stomach and a bottle of water (not all markets have an onsite snack bar!), plenty of small bills and loonies (makes bargaining easier), sunscreen and a hat. A reusable shopping tote also comes in handy. And your comfy walking shoes, of course.